



APOA 2024 Dubai Sports Scientific Programme

1st March 2024 (Friday)

	Topic	Speaker	Moderator	
Session 1 - All About the ACL				
9.00 - 10.00am	9.00 - 9.10	Understanding ACL Anatomy in 2024	Amit Meena	
	9.10 - 9.20	Grafts for primary ACL-R	Neha Godghate	
	9.20 - 9.30	Pearls of femoral and tibial drilling techniques	Rich Pasion	
	9.30 - 9.40	Ideal graft fixation	Carmelo Braganza	
	9.40 - 9.50	The emerging role of Peroneus Longus in primary ACLR	Nicolaas Budhiparama	
	9.50 - 10.00	Anterolateral tenodesis takes the spotlight as a game changer in ACL-R surgery	Chirag Thonse	
Session 2 - Keynote				
10.00 - 10.15	Return to Sports after ACL-R in high level athletes	Nicolaas Budhiparama	Merter Ozenci Rich Pasion Dave Lee	
Session 3 - Meniscus				
10.15 - 11.00	10.15 - 10.25	Anatomy and need to repair the Meniscus	Saeed Al Thani	
	10.25 - 10.35	Inside out the Technique of Meniscus Repair - The Gold Standard	Sachin Tapasvi	
	10.35 - 10.45	Outside In technique of Meniscus repair - reliable and cost effective	Dave Lee	
	10.45 - 10.55	All inside technique of Meniscus Repair - The new Gold standard	Merter Ozenci	
	10.55 - 11.00	Discussion		Teo Seow Hui Neha Godghate Prathik Hegde
11.00 - 11.20	Coffee Break			
11.20 - 12.00	Plenary Session			
12.00 - 13.00	Concomitant Session			
13.00 - 14.00	Lunch & Friday Prayer			
Session 4 - Meniscus Spotlight				
14.00 - 14.45	14.00 - 14.10	Unearthing the hidden menace: All you need to know about meniscus root and ramp tear	Tak Man Wong	
	14.10 - 14.20	A different perspective: Paediatric Meniscus Injuries	Teo Seow Hui	
	14.20 - 14.30	The role of augmentation in fortifying meniscus repairs	Sachin Tapasvi	
	14.30 - 14.45	Discussion		Nam Ahn Tang Chirag Thonse Carmelo Braganza
Session 5 - Cartilage Session				
14.45 - 15.30	14.45 - 14.50	Case Introduction	Sachin Tapasvi	
	14.50 - 15.00	Microfracture	Nam Ahn Tang	
	15.00 - 15.10	Osteochondral Cylinder Transfer	Neha Godghate	
	15.10 - 15.20	AMIC or minced Chondral Autograft	Mustafa Karahan	
	15.20 - 15.30	Discussion		Tak Man Wong Rich Pasion Kevin Fok
Session 6 - PCL Injuries				
15.30 - 16.10	15.30 - 15.40	Isolated PCL Injuries - Treatment options	Dave Lee	
	15.40 - 15.50	Combined PCL-PLC Injuries - treatment the Hong Kong way	Kevin Fok	
	15.50 - 16.00	Combined PCL-PLC Injuries - treatment the Malaysia way	Teo Seow Hui	
	16.00 - 16.10	Combined PCL- MCL Injuries	Amit Meena	
16.10 - 16.30	Coffee Break			
Session 7 - Collateral Injuries				
16.30 - 17.30	16.30 - 16.40	Relevant Anatomy of the Medial side of the Knee	Prathik Hegde	
	16.40 - 16.50	Management of acute medial sided injuries	Dave Lee	
	16.50 - 17.00	Management of chronic medial sided injuries	Amit Meena	
	17.00 - 17.10	Diagnosis and assessment of PLC Injuries	Dilbert Monicit	
	17.10 - 17.20	Surgical treatment of PLC injuries	Chirag Thonse	
	17.20 - 17.30	Discussion		Teo Seow Hui Tak Man Wong Kevin Fok

2nd March 2024 (Saturday)

Session 1: PF Joint				
9.00 - 10.00	9.00 - 9.10	Imaging of the PF Joint	Merter Ozenci	
	9.10 - 9.20	Indication and technique for isolated MPFL Reconstruction	Neha Godghate	
	9.20 - 9.30	First time dislocator and osteochondral lesions	Prathik Hegde	
	9.30 - 9.40	Patella alta and increased TT:TG - role of TTO	Rich Pasion	
	9.40 - 9.50	High grade Trochlear Dysplasia	Chirag Thonse	
	9.50 - 10.00	Discussion		Parag Sancheti Dave Lee
	Session 2: Cartilage and Alignment			
10.00 - 11.30	10.00 - 10.10	ACI, BMAC, Microfracture - do we have a consensus?	Dave Lee	
	10.10 - 10.20	Off-shelf cartilage gels - are they worth?	Chirag Thonse	
	10.20 - 10.30	The ideal patient for an osteotomy	Merter Ozenci	
	10.30 - 10.40	The ideal patient for an UKR	Dhanasekara Raja	
	10.40 - 10.50	The ideal patient for a TKR	Parag Sancheti	
	10.50 - 11.00	Discussion		Rich Pasion Prathik Hegde
	11.00 - 11.30	Case based discussion	Parag Sancheti	