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Edition 2 | Volume 1



ASIA PACIFIC
ORTHOPAEDIC
ASSOCIATION
(APOA)

connection

E-Newsletter



New Thoughts
New Strengths
New Possibilities

APOA25
Cairns, Australia
9-12 April 2025

Artificial
Intelligence,
Robotics and
Augmented
Reality



Meet the Editorial Team.



Asep Santoso



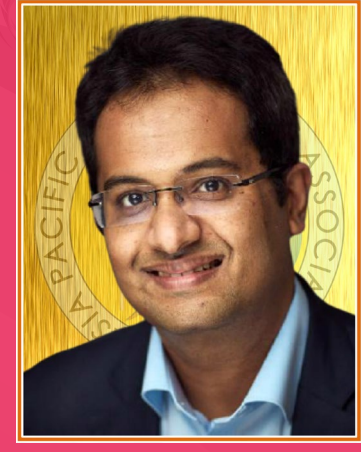
Bedri Kuzuca



Jonas Fernandez



Mervin Cheung



Raja Bhaskar



Ruba Jamal



Sana Shaikh



Sanjana Nandakumar



Tien Ching Lee

Hearty Greetings from the Editorial Team of **CONNECTION** – the Newsletter of Asia Pacific Orthopaedic Association. It was a great pleasure to be part of the Editorial team under **Dr Azeta Arif**, and now work with our fresh team of Editors. Encouraging new thoughts, portraying various facets of Orthopaedics, and weaving bonds, among members has been few of the important goals of the APOA. **CONNECTION** is the one of the best ways, to fulfill our goals, and promote the bonding among members, and understanding of APOA.

The past few months have been exciting for the APOA, under the dynamic leadership of **Dr Jamal Ashraf**. In March 2024, we had the APOA Congress at Dubai, under the exceptional leadership of **Dr Saeed Althani**. After the conclusion of the Congress at Dubai, **APOA** has been represented in multiple international forums including the **EFORT Congress**, the **SICOT Congress**, and multiple National Meetings. The various sections of the **APOA**, have been vibrant, and engaging members of their respective specialities actively. **The APOA YSF Congress** of the Indian Chapter, held at Jammu, was a great success, where nearly 200 young surgeons presented their work, and enjoyed great camaraderie.

The next few months are exciting, with many important Congresses coming up, and all will culminate in the most awaited event of the year – the Annual Congress at Cairns, Australia in April 2025. **Dr Marinis Pirpiris** and his team, are in the process of curating an excellent program, and it assures to be an excellent academic feast.

This article of **CONNECTION**, is a prelude to the things to come. **‘New Thoughts, New Strengths, New Possibilities’** – is our theme for **CONNECTION** for the next year. Following this issue – which is a brief one – highlighting our activities, we will be publishing our next Issue on **Jan 1st, 2025** – on the New Year, under the theme – **IKIGAI**. We encourage members of APOA to submit their thoughts to contribute to the next issue. Till then, wishing you all a Merry Christmas, and a Prosperous New Year !

Best Regards

Raja Bhaskara Rajasekaran

On behalf of the Editorial Team, **CONNECTION**

APOA – Leadership & Governance

2024 -2025 Executive Committee



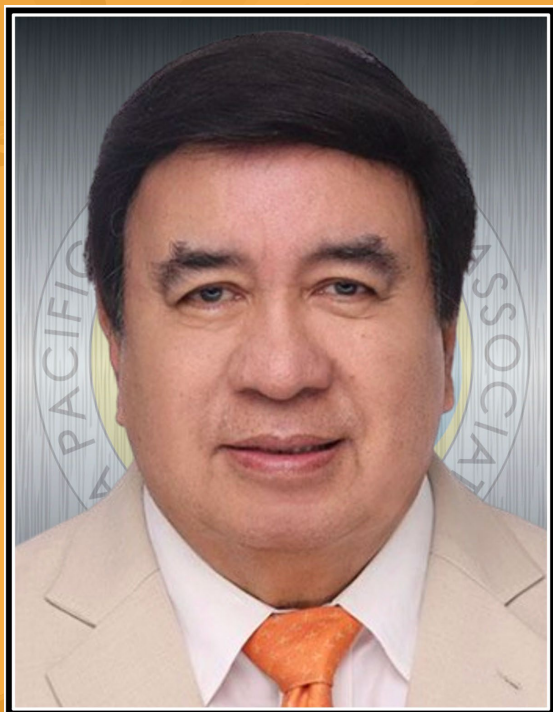
Jamal Ashraf
President
India



Nicolaas Budhiparama
1st Vice President
Indonesia



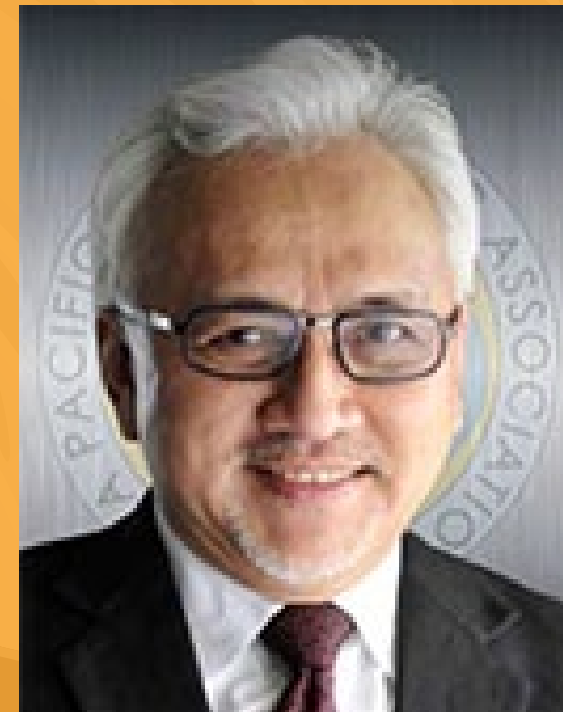
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Philippines



Marinis Pirpiris
Congress President 2025
Australia

Report on APOA 2024 – Dubai Congress

Glimpses from the Successful APOA Congress held at Dubai. The Meeting represented the true spirit of APOA to all delegates - Perfect blend of Friendships, Camaraderie, Scientific Deliberations & Academia !

Event Highlights

196

Total Faculty

352

Total Lectures

01

Industry Symposium

986

Registrations

02

Pre-Congress Workshops

08

Tracks

01

Supporting Government Body

01

Destination Partner



Report on APOA 2024 – Dubai Congress



Report from APOA – YSF (Young Surgeons Forum)

The Asia Pacific Orthopaedic Association Young Surgeon's Forum is a dynamic and inclusive platform that plays a vital role in the contribution of development of skills in Orthopaedic surgery, encourage academic excellence, and aimed to build a robust social environment.

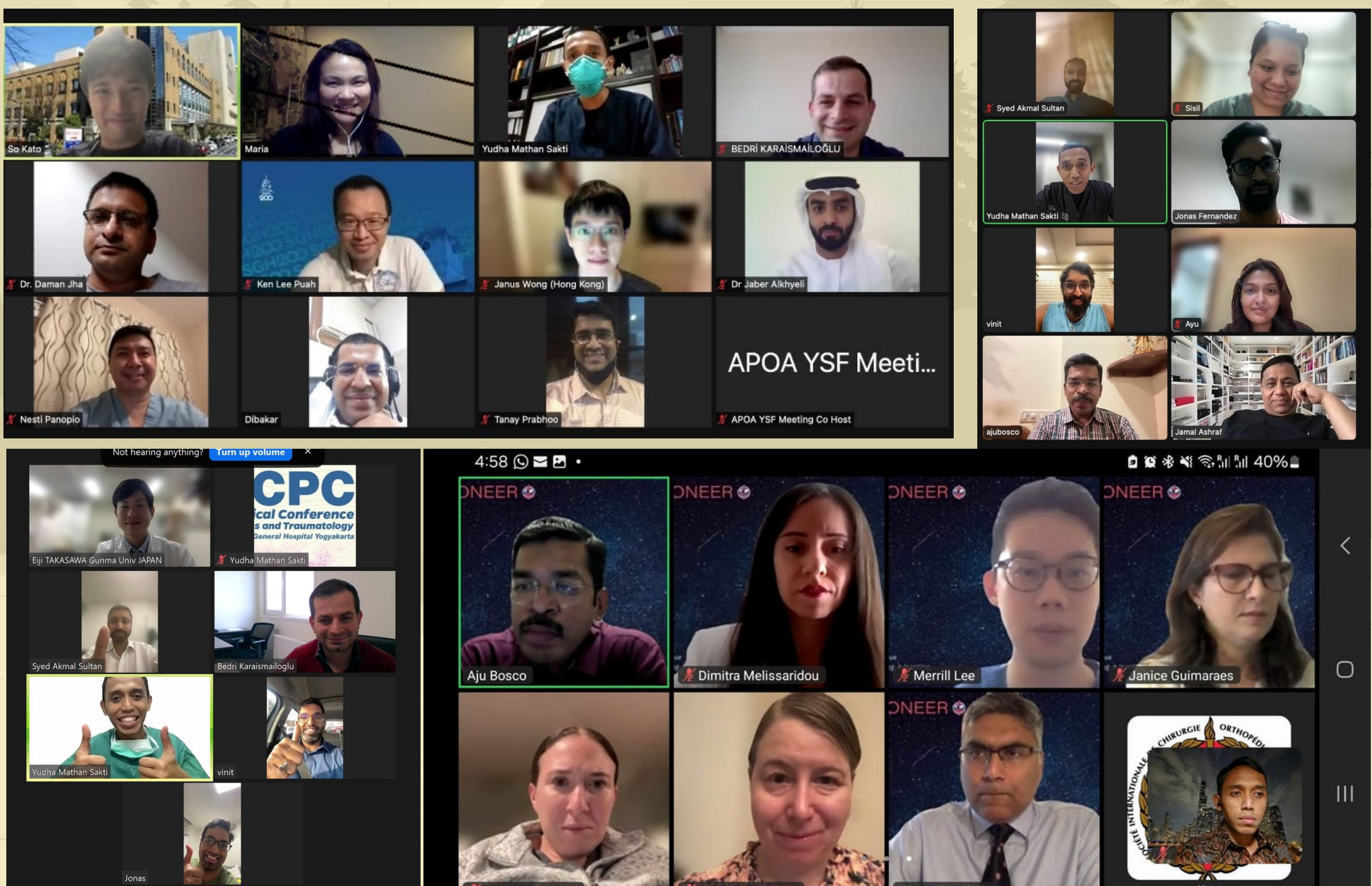
Comprised of orthopaedic surgeons across the Asia - Pacific region, the committee has meticulously constructed series of developmental programmes coordinated under the direction of **APOA President, Dr Jamal Ashraf**.

The entire schedules have been laid out during the APOA Board Meeting in Malaysia, 2024. To sum up our calendar, the **APOA YSF** is set to hold an exclusive session dedicated for young surgeons at the APOA 2025 in Cairns, Australia hosted by **Dr Marinis Pirpiris**.

The attempt of widening our scope of reach has been closely facilitated by the APOA Newsletter Chairman, **Dr Raja Bhaskara** to socialize our upcoming projects. In further promoting the equal platform and forum for Asia Pacific's young surgeons, the YSF APOA have also teamed up with the SICOT during the **SICOT PIONEER** Webinar.

To maintain the continuity of the YSF APOA projects, the forum is expected to expand its leadership webinar focusing on Young Surgeons' wellness.

Dr Yudha Madhan Sakthi
Chair, APOA - YSF



Collaborative Meetings held over Zoom platform involving Various Scientific societies

Report from APOA–YSF India Chapter Meet - Jammu

The 6th Annual Congress of the Asia-Pacific Orthopaedic Association (APOA) Young Surgeons Forum, India Chapter, was a resounding success, hosted by AIIMS Jammu on April 26-27, 2024, at Hotel Radisson Blu. Led by Dr. Rashid Anjum, the Organizing Secretary, the conference attracted 200 participants, including leading national and international orthopaedic surgeons. The event was inaugurated by the Director of AIIMS, Jammu, Dr Shakti Kumar Gupta, along with President of APOA, Dr Jamal Ashraf. This prestigious event, the first of its kind at AIIMS Jammu, represented a significant milestone for the orthopaedic community in the region.

Focusing on the theme *“Current Controversies in Orthopaedics”* the conference provided a dynamic platform for knowledge sharing, innovation, and professional growth for young surgeons. The program featured sessions on a wide range of topics, from the latest advancements in orthopaedic surgical techniques to discussions on the role of technology in enhancing surgical outcomes. Key areas like trauma management, joint replacement surgeries, and the role of robotics were explored in depth, offering participants cutting-edge insights into contemporary orthopaedic practice.

One of the highlights was the presentation of research findings and clinical case studies by young surgeons, promoting academic discourse and sharing of best practices. The conference also emphasized the importance of soft skill development, evidence-based medicine, and work-life balance through its *“Learning from Masters”* session.

In addition to academic sessions, the event facilitated networking opportunities through informal gatherings, fostering connections among participants, mentors, and industry representatives. AIIMS Jammu reiterated its commitment to excellence and innovation in orthopaedic surgery, aiming to equip the next generation of surgeons with the skills to meet evolving healthcare challenges. The conference was deemed a resounding success, thanks to the dedication of the organizing committee, sponsors, and supporters.



Nearly 200 Young Surgeons participated in the Meeting chaired by the APOA President - Dr Jamal Ashraf



APOA-25 Congress Cairns, Australia 9-12 April 2025

I am excited to invite you to register for the APOA25 Congress, taking place in the picturesque city of Cairns from the 9th April to the 12th April 2025. This year's theme, "Artificial Intelligence, Robotics, and Mixed Reality," promises to deliver groundbreaking insights and transformative discussions regarding the future of musculoskeletal health.

A Unique Opportunity for Learning and Collaboration

The APOA25 Congress will be an informative and fun event designed for professionals dedicated to advancing the field of orthopaedics. You will have the opportunity to discuss a series of academic and clinical papers that delve into the complexities of musculoskeletal health. This is your chance to share your ideas, ask questions, and engage in discussions with world-renowned guest faculty. Prepare to challenge your thinking and consider the profound impact of technological advancements on daily practices and healthcare delivery.

World-Class Content and Expert Faculty

The APOA specialty societies have worked tirelessly with the Australian Orthopaedic Association subspecialist societies to curate a world-class, innovative, and informative meeting. The program includes the latest techniques, tips, tricks, and insights from leading experts. Look forward to plenaries, debates, current concept discussions, and case presentations that will enrich your knowledge and practice.

Engage with Pioneers in Orthopaedics

Join the APOA25 Congress to gain invaluable knowledge from renowned experts. Prepare to be inspired by the insights of Plenary speakers Dr Daniel J Berry, Dr. Fares Haddad Dr. Javed Parvizi, and Dr. S.K.S Marya amongst many others.

Opportunities for Growing your personal and professional networks

The APOA25 Congress will presents numerous opportunities for professional growth. You will be able to compete for academic and clinical research prizes, attend resident training lectures, and network with peers and mentors from around the world.

Cairns: A Paradise for Nature Lovers

Cairns is located in tropical North Queensland and is a gateway to some of Australia's most stunning natural attractions. As you join us for the APOA25 Congress, take the opportunity to immerse yourself in the unique and diverse environment that Cairns has to offer including:

The Great Barrier Reef

Experience one of the world's most remarkable natural wonders, the Great Barrier Reef. Just off the coast of Cairns, this UNESCO World Heritage site boasts an extraordinary variety of marine life and coral formations. Whether you choose to snorkel, dive, or take a scenic boat tour, the colourful and vibrant underwater world of the Great Barrier Reef is an adventure you won't want to miss.



The Daintree Rainforest

Venture into the Daintree Rainforest, one of the oldest and most diverse rainforests on the planet. Walk among ancient trees, spot unique wildlife, and marvel at the lush, scenery. Guided tours offer insights into the rich biodiversity and cultural heritage of this incredible ecosystem.

Kuranda Village

Nestled in the rainforest, the charming village of Kuranda is a must-visit. Accessible via the scenic Kuranda Skyrail or the historic Kuranda Scenic Railway, this picturesque town offers markets, wildlife parks, and cultural experiences. Explore art galleries, enjoy a leisurely river cruise, or visit the butterfly sanctuary.

Adventure Activities

For those seeking adventure, Cairns is a hub for thrilling outdoor activities. From white-water rafting on the Tully River to bungee jumping and skydiving with breathtaking views, there's something for every adrenaline enthusiast. The crystal-clear waters of the region's beaches also offer perfect conditions for kayaking, paddleboarding, and fishing.

Relax and Unwind

After a day of scientific exploration and professional development at the APOA25 Congress, relax and unwind in the serene surroundings of Cairns. Enjoy world-class dining with fresh local seafood, stroll along the scenic Esplanade, or simply bask in the tropical climate by the pool.

Register Now!

Don't miss this unique opportunity to be part of a transformative event that will shape the future of orthopaedics. Register now for the APOA25 Congress in Cairns and join us in exploring the intersection of artificial intelligence, robotics, and mixed realities in musculoskeletal health.

For more information and to register, visit APOA25 Congress Website <https://apoaonline.com/>.

I look forward to welcoming you to Cairns from 9-12 April 2025!

Marinis Pirpiris

Congress President, APOA25, 9-12 April 2025



Contribute to connection

We would love to hear from you !

The next Edition of CONNECTION features on the **Theme – IKIGAI** : “a motivating force; something or someone that gives a person a sense of purpose or a reason for living”.



What motivates you daily as an Orthopod?

What has been your most fulfilling feeling in your Orthopaedic Career?

Would you choose to be an Orthopaedician again, and if so why?

Interested members, can contribute to CONNECTION, by pening down your thoughts to connectionapoanewsletter@gmail.com

(Note: Kindly write your thoughts within 400 words/ 2-3 Photos of relevance can be added). Kindly send them by **December 15th, 2024 !**

ikigai

[ik-ee-guy] • Japanese word • n.

A reason for being; having a sense of purpose in life and a feeling of well-being.